

### **Empowering You Organically - Season 12 - Episode 106**

**Title:** Building Healthy Habits With The Live It Challenge

Hosts: Jonathan Hunsaker & TeriAnn Trevenen

Guest: N/A

**Description:** Unlike a diet, Organixx Live It implies positive action. A diet is restrictive; it requires a person to limit the things that they eat or drink in order to be successful. Organixx Live It is the opposite. It is unlimited and inspiring. Organixx Live It is a path to wellness that allows you to take action, participate in activities that bolster your health, improve your overall wellness, and inspire your continued journey to a long-term healthy lifestyle.

#### **FEATURED CHALLENGE**



## Are you ready for the Organixx LIVE IT challenge?

Real quick, did you know that here at Organixx, we live by 5 core values?

- 1. Passionate about our Mission, Empowering You Organically
- 2. Rigorously Honest and Trustworthy
- 3. Team Players with Extreme Ownership
- 4. Respectful Communication with a Balanced Ego

#### 5. Resourceful and Creative Growth

Our first Organixx Core Value is, we are *Passionate about our Mission, Empowering YOU Organically*. This doesn't just apply to our customers, but to our team as well. We've just finished the second round of our Organixx LIVE IT challenge internally with just our team, and now we're inviting you and the rest of the world, to join us for round three... for free.

## What is the Organixx LIVE IT challenge?

Unlike a diet, Organixx Live It implies positive action. A <u>diet</u> is restrictive; it requires a person to limit the things that they eat or drink in order to be successful. Organixx Live It is the opposite. It is unlimited and inspiring. Organixx Live It is a path to wellness that allows you to take action, participate in activities that bolster your health, improve your overall wellness, and inspire your continued journey to a long-term healthy lifestyle.

During our Live It activities, we will be challenging ourselves to improve our health and well-being and we will have a little fun at the same time, with chances to win some amazing prizes.



#### **Deeper Dive Resources**

Live It Challenge <a href="https://organixx.com/live-it">https://organixx.com/live-it</a>

Organixx on FaceBook https://www.facebook.com/OrganixxSupplements

# Organixx on Instagram

https://www.instagram.com/organixxliving/